



Josh Sundquist  
Paralympic Hopeful

and all it takes to find out what you can  
accomplish

220.3 Kbps

00:26.8/01:02.4

### Global Voice Settings

Mode

Default

Apple Watch (Siri only)

Rate

Pitch

Volume

Off

Cancel

INFO

A screen  
speech is  
the screen

Modern  
apply it  
the screen

CC

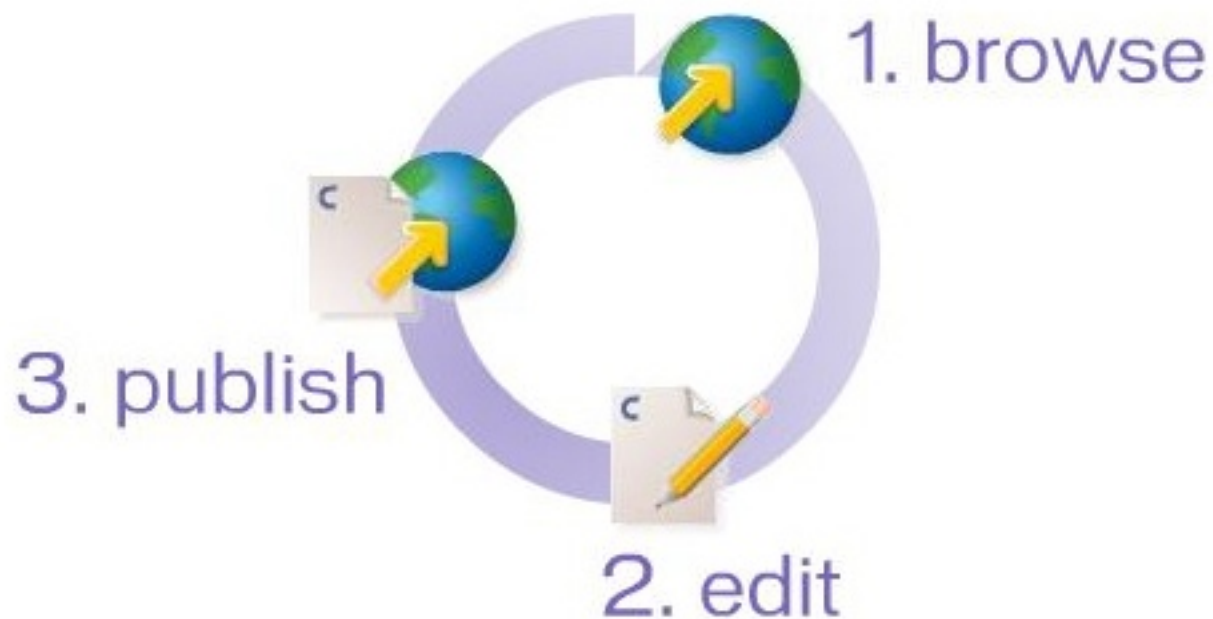
*Nest*

The higher the numbers go, the faster it goes.





content contributors  
three easy steps:



Once you're connected, you can update or add content in 3 easy steps - just browse, edit, and publish.